

COMMUNITY RESOURCES

Acquired Brain Injury Program (306) 778-5290
Addictions Counseling Intake 1-877-329-0005
Adoption Support Centre 1-866-869-2727
Alcoholics Anonymous (AA) (306) 773-7494
Autism Spectrum Disorder Program (306) 778-5135
Breastfeeding Support (306) 778-5291
Canadian Mental Health Association (CMHA) (306) 778-2440
Cardiac Education Program (306) 778-5118
Child Abuse Reporting/Inquiries 1-844-787-3760
Child & Family Services (306) 778-8668
Child Care Subsidy 1-800-667-7155
Child Protection Services (306) 778-8219
Child Tax Benefit 1-800-387-1193
Children's Advocate 800-322-7221
Chronic Disease/Pain Management Programs (306) 778-5445
City Bus/Transit (306) 770-2263
City of Swift Current Community Services (306) 778-1676
Cognitive Disability Strategy (306) 778-8438
Community Living (306) 778-8219
Counseling, Walk-In (306) 773-8168
Crisis Line 1-800-567-3334 or (306) 778-3386
Day Care Subsidy (Child Care Subsidy) 1-800-667-7155
Dental Health Educator (306) 778-5299
Diabetes Education & Counseling (306) 778-5118
Dietitians/Nutritionists (306) 778-5416 OR (306) 778-5448
Domestic Violence Counseling (306) 778-3386 or 778-4403 or 778-4405
Drug Plan & Extended Benefits Program 1-800-667-7581
Early Childhood Intervention Program (306) 773-3600
Employment Supplement 1-888-488-6385
English Classes, Great Plains College (306) 778-5477
Family Resource Center (306) 773-6160
Family Service Workers, Fresh Start (306) 773-8168
Farm Stress Line 1-800-667-4442
FASD Network (Fetal Alcohol Spectrum Disorder) 1-866-673-3276
Financial Aid, Social Assistance (306) 778-8219 or 1-866-221-5200
Food Bank, Salvation Army (306) 778-0515
Foster Families Association 1-800-667-7002
Fresh Start (306) 773-8168

Gamblers Anonymous 1-855-781-9522
Gambling, Problem Gambling Help Line 1-800-306-6789
Gay & Lesbian Health Services 1-800-358-1833
Grasslands Mediation (306) 773-5063
Kids Help Phone 1-800-668-6868 or text 686868 (SUPPORT)
Health Promotion Coordinator (306) 778-5613
Healthy Living Programs (306) 778-5118 or 1-877-401-8071
Hospital, Cypress Regional (306) 778-9400
Housing Authority (Affordable Housing) (306) 778-3218
Human Trafficking Hotline 1-833-900-1010
Immunizations (306) 778-5280
Infection Control Team (306) 778-5280
Lactation Consultant (306) 778-5291
Legal Aid (306) 778-8272 or 1-877-424-1905
Legal Clinic (Free Legal Services) 1-855-833-7257
LGBTQQ2S+ (Southwest Saskatchewan PRIDE) 1-888-453-7823
Library (306) 778-2752
Marriage/Relationship/Family Counseling (306) 778-3386 or 778-4403 or 778-4405
Mediation & Separation or Divorce (Grasslands Mediation) (306) 773-5063
Mental Health Counseling Intake (Adult/Child/Youth) 1-877-329-0005
Mental Health Walk-In Counseling (306) 773-8168
Mentoring for Children & Youth, The Center, (306) 773-3344
Mentoring for Youth, Fresh Start, (306) 773-8168
Midwifery Program (306) 778-5118 or 1-877-401-8071
Military Veterans Suicide Hotline 1-800-273-8255 (Press 1)
Missing & Murdered Indigenous Women and Girls Family Liaison 1-833-529-6486
Narcotics Anonymous 1-877-463-3537
Newcomer Welcome Centre (306) 778-6262
Overeaters Anonymous (306) 774-5749
Palliative Care Coordinator (306) 750-9379
Parenting Programs, The Family Resource Center (306) 773-6160
Parenting Programs, Fresh Start, (306) 773-8168
Partners In Employment 1-833-526-5299
Pediatric Health & Development Team (306) 778-5280
Speech & Language, Occupational Therapy, Physical Therapy, and more
Poison Control 1-866-454-1212
Postnatal Services (306) 778-5280 or 1-866-786-2510
Pregnancy Options Centre 1-800-870-2161
Prenatal Services (306) 778-5280
Primary Health Coach (306) 774-4121
Psychiatry Services *Referral must come from medical doctor or mental health professional*

Psychology, Early Childhood (306) 778-5280
Public Health Inspector (306) 778-5280
Public Health Nurse (306) 778-5280
RCMP, City (306) 778-4870
RCMP, Rural (306) 778-5550
Rentalsman/Residential Tenancies 1-888-215-2222
Rural Early Years Support Worker (306) 662-2470
Safe Shelter (Women & Children) (306) 778-3386
Salvation Army (306) 778-0515
SaskAbilities (306) 773-9721 or 1-833-526-5299
Saskatchewan Health Line 811
Saskatchewan Voice of People with Disabilities 1-877-569-3111
Seniors Income Plan 1-800-667-7161
Sexual Assault Services (306) 778-3386
Sexual Violence Free Legal Information 1-855-258-9415, text (306) 500-6430
Smokers' Helpline 1-877-513-5333
Social Assistance (306) 778-8219 or 1-866-221-5200
Social Services (306) 778-8219
Southwest Crisis Services (306) 778-3386 or 1-800-567-3334
Southwest Newcomer Welcome Centre (306) 778-6262
Southwest Saskatchewan PRIDE 1-888-453-7823
Special Olympics (306) 778-3706
Swift Current Housing Authority (Affordable Housing) (306) 778-3218
Suicide Hotline 1-833-456-4566
Swift Current Community Youth Initiative (The Center) (306) 773-3344
The Center (SCCYI) (306) 773-3344
Trans Lifeline (877) 330-6366
Transit, City bus (306) 770-2263
Transit, Accessible, SaskAbilities (306) 773-2076
Victim Services, city (306) 778-4898
Victim Services, rural (306) 778-6565
Weight, Live Your Best Weight Program (306) 778-5118

For information on community resources, **call or text 211**, or visit **sk.211.ca**.
Also available to help with finding community resources is the Crisis Line at
1-800-567-3334 or (306) 778-3386.